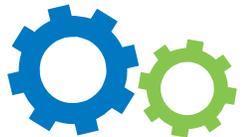


COPD Research Patient Profile Assessment Pre-Work



INSIGHT CONSULTING GROUP



INSTRUCTIONS

Profile Assessment Instructions

- You will review 3 mock profiles of COPD patients. Please consider these patients' needs as you would your own patients and answer the questions on the following slides.
- Please use your phone or other smart device to record your video or audio responses to the questions. You may answer all questions in a single audio or video file, or 3 separate files, whatever you prefer.
- Once complete, upload your recording to our secure portal here:
<https://icgimpact.com/copd2021>
- Once your recruitment representative receives your recording(s), they will schedule your interview.

QUESTIONS

Please Answer the Following Questions for Each Patient

Please start your recording by providing your **first name and last initial**. Then, answer the following questions for **all three profiles**:

1. What are the factors that would influence your treatment decisions for this patient?
2. What else, if anything, would you want to know about the patient that would influence your decision?
3. Which treatments would you consider for this patient, and how would you describe the risks/benefits of each treatment? **Please be as specific as possible.**
4. Ultimately, which treatment would you recommend and why?

PATIENT PROFILES

Profile #1: Alanna



Alanna
Female, 53

Diagnosis:
Diagnosed in 2015 by another physician.

Length of relationship:
Your patient since 2019. You have only seen the patient 2x in person, due to COVID.

- **COPD History:** Diagnosed with COPD by another physician in 2015. Condition has been relatively stable but is now showing signs of progression. Patient has become more symptomatic and less able to do things without shortness of breath. She has been a smoker for 30+ years, smoking 1 pack a day. Her insurance coverage is spotty, leading to periods of non-compliance. However, a recent ER visit has prompted a commitment to bettering her health. She has already reduced her smoking to ½ a pack a day.
- **Current COPD Tx:** Albuterol inhaler, which she uses multiple times a day to manage symptoms.
- **Purpose of visit:** Patient had an ER visit two weeks ago due to shortness of breath and chest pain. Was stabilized in the hospital and told to follow up with her physician to discuss ongoing treatment options.

Profile #2: Joseph



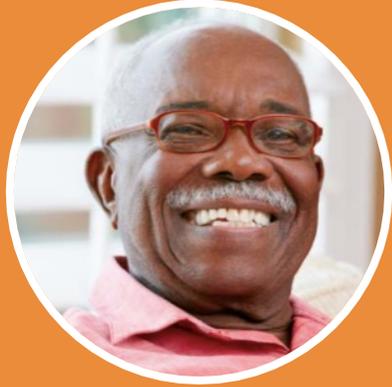
Joseph
Male, 72

Diagnosis:
Diagnosed by you in 2017.

Length of relationship:
Your patient since 2017.

- **COPD History:** Diagnosed with COPD by you in 2017. Patient has been well-controlled on Spiriva HandiHaler and has no complaints about how well the treatment manages his condition. Patient is coming in for his regular check-in and has indicated in their patient intake form that they are interested in discussing Spiriva Respimat. The patient notes he has seen advertisements about Spiriva Respimat online and is curious about the soft mist function, which he heard about from his cousin.
- **Current COPD Tx:** Spiriva HandiHaler
- **Purpose of visit:** Regular check-in

Profile #3: Darius



Darius
Male, 68

Diagnosis:
Diagnosed by another physician
in 2008.

Length of relationship:
Your patient since 2010.

- **COPD History:** Diagnosed with COPD by another physician in 2008. Patient has long history with COPD with waves of exacerbations throughout the years. Patient quit smoking in 2011. Has been on current treatment regimen for 1.5 years and has been relatively stable during that time. Recently, patient has complained of feeling short of breath more often and has difficulty keeping up with his grandchildren. The patient is generally compliant with taking his medications. He is computer-savvy and says he loves keeping up with his family over Zoom.
- **Current COPD Tx:** Symbicort
- **Purpose of visit:** Patient wants to know if there is a way to better control his breathing. Patient likes his current therapy but may be open to changes.